

Summer Intensive 2010

Studio Arts and Art Therapy



Barcelona · 19th to 30th of July 2010
Metàfora, Centre d'Estudis d'Art i Artteràpia · www.metafora.org

For more than ten years, Metáfora has successfully run Summer- and Year-courses in Studio Arts (the International Workshop), as well as several programs in Art therapy; introductory courses and an MA training program for the University of Barcelona.

Of all, our summer program is the most intense and full experience we can offer our students.

While the Summer Intensive in Studio Arts and Art Therapy is a “micro cosmos” of our year-courses, nevertheless it offers a different and unique experience to its participants; Condensated and ephemeral, in the midst of sunny summer-Barcelona, Metáfora changes into an “art-oasis” where students and professionals from all over the world share an experience to fill a life-time.

On the Summer Intensive, students can choose between two very different fulltime options; the Studio Arts Option (No Man’s Land) and the Art Therapy Option (Initial Diploma). In both options students work in a studio atmosphere where practical art making mixes with theory and seminars.

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Summer Intensive 2010, “The Metàfora Experience”

Metàfora was conceived with the idea of creating a unique space for producing art and for understanding the creative process. Our students come from all over the world – literally - giving the centre its own multicultural identity. The essence of the “Metàfora Experience” is the way in which our students interact with each other, creating bonds which open out into friendship and future collaboration-projects across the continents.

The building is also an important marker for the experience of any student; As part of Barcelona’s disappearing history of old factories, it charms any artist, with its leftovers of many decades of industrial reality, where 20 years of theatre and art making have made their marks in all thinkable ways.



The Studio Arts Option

. . . “No Man’s Land” is a space of cultural encounter and interaction, a space where the visitor abides a different set of laws (spatial, socio-political, aesthetic. . .) than in a conventional space. No Man’s Land represents the menace of frontiers, of limits, but is yet a safe-zone for visitors, a grey area of new possibilities, of new identities . . .

The Studio Arts Option is centered around the title: “No Man’s Land”, and students work themselves through the process of creating a piece (or a series of pieces) with free choice of

techniques and materials, where the subject matter should be related to the work theme. Thus, it is possible to work figuratively or with abstraction through both in 2- and 3- dimensional techniques. Students can work outside in the city or in the studios which remain open every day until 20'00.

Although the course is designed as a collective experience, the process work is essentially individual. Every morning the day will be introduced by a visiting artist or an art theory seminar. The class is followed up by a series of tutorials, where the student will find help both with the practical side of things and the ideas and concepts behind the piece. The Summer Intensive ends with an all-morning presentation for which a color-catalogue is produced.

The Studio Arts Option of the Summer Intensive is essentially designed for art students (min. age 19) and practicing professionals from the fields of art, design, architecture or similar. The course should not be considered a beginners course.



Program, Studio Arts Option

The program of the Summer Intensive starts with an introduction every morning, which is the meeting point between participants from both options. The introduction is a space for inspiring interventions, where students get on-going practical information about the course and about Barcelona's different cultural offers.

After the introduction, the students on the Studio Arts Option meet around a presentation or a seminar. The seminars circle around idea of "No Man's Land", centered in different areas of

contemporary art. The idea behind the seminars is to offer a theoretical counterpoint for the students to inspire and inform their practice while working on a final project to be presented on the last day of the course.

	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
9'00-9'30	Introduction	Introduction	Introduction	Introduction	Introduction
9'30-11'00	No Man's Land: Introduction to the program	Seminar: "Spanish Labyrinths: Making Our Way Through Art and Culture"	Seminar: "Barcelona Culture: Context, Conflict and Contemporaneity"	Seminar: "No Man's Land: New realities in Contemporary painting"	Group Presentation
11'30-14'00	Tutorials				
14'00-20'00	Studio work				

	Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
9'00-9'30	Introduction	Introduction	Introduction	Introduction	Introduction
9'30-11'00	Seminar: "No Man's Land: Urban Intervention and Site-specific Art"	Seminar: "No Man's Land: Identity in Performance today"	Seminar: "No Man's Land: Ways of Seeing, Photography today"	Seminar: "No Man's Land: The new role of the artist: Manager and self-promoter"	Presentation
11'30-14'00	Tutorials				
14'00-20'00	Studio work				

Tutorials and technical advice

Every day, tutors are available for in-depth talks about technique and intention. Our tutors are experienced professionals specialized in three fields: Photography and Digital Art, Pictorial Processes and Sculpture/Installation.

Students can meet with tutors for informal talks about the work and individual concerns about the process. Students arrange tutorials from day to day with the tutor of choice; Sometimes it is interesting to get a photographer's view on an installation or a sculptors view on a painting.

Some students may choose to spend part of their art-making-time out in the city and arrange with tutors for viewing the results back at the studios.



Academic Staff, the Studio Arts Option

Among others . . .

Jette Bjerg

Denmark

Dir. Metáfora (Contemporary Art) and in-house-tutor International Workshop, BA. Fine Arts and Art Hist. London Univ., MA Theory and Communication, Royal Academy, Copenhagen

Piotr Perski

Poland

In-house-tutor International Workshop, Works as a practicing artist in Barcelona.

BA Fine Art Adam Mickiewicz, Poznan, Poland MA Fine Art Academy of Fine Arts in Lodz, Poland.

Currently in the process of finishing his PHD at the faculty of Fine Arts, University of Barcelona

Frank Plant

US

In-house-tutor and teacher sculpture International Workshop,
BA. Fine Arts, Univ. of the Arts, Philadelphia EEUU

Jeffrey Swartz

Canada

Art Theoritian, curator and critic.

Teacher of Visual Communication, Eina, Escola de Dissny I Art, Barcelona

Jason Cresswell

UK

BA (hons) Fine Art, Chelsea College, University of the Arts. London, UK, Diploma in Art and Design

Loughborough College of Art & Design. Loughborough, UK

Ana Alvarez Erricalde

Argentina

Photographer, installation artist

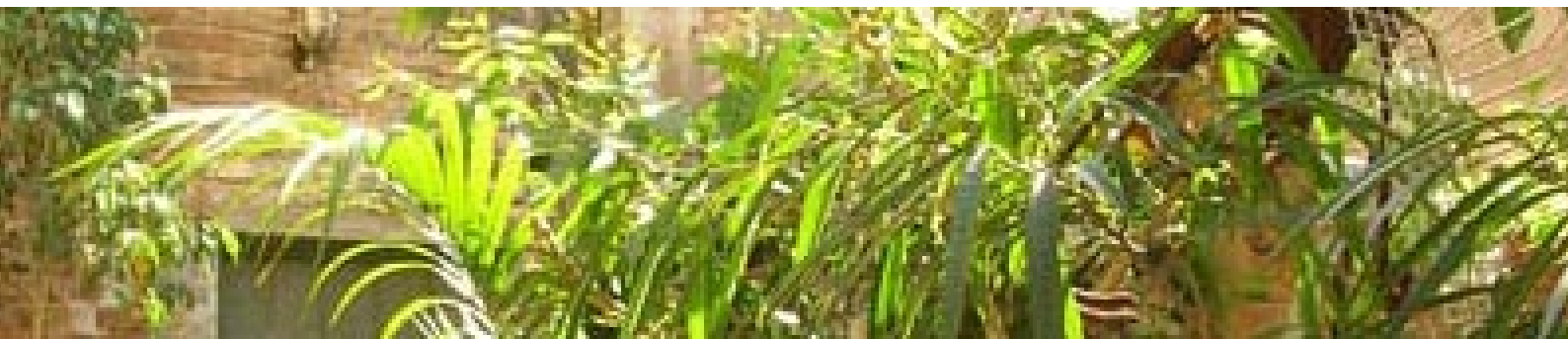
Cinematography, C.E.R.C , Buenos Aires

Resident artist of Hangar, Barcelona

Contacts and future exhibition possibilities

One of the ideas behind the Summer Intensive is for the participating artists to take benefit from Metáfora's international reputation, and work in a climate where artists from different countries share workspace and time together in the studios. It is our experience that a stay at Metáfora often leads to future artistic collaborations between members from courses at Metáfora.

During the Summer Intensive, there is a possibility for the participating artists to organize a future exhibition at "Untitled BCN gallery" in the wonderful area called Gracia. Metáfora will organize a meeting between the owners of Untitled BCN and any artists of the Summer studio, interested in this future exhibition opportunity in Barcelona.



Space and Practical Facilities, the Studio Arts Option

Metáfora is housed in two old factory buildings. The space is around 850 square meters, split in two studio-buildings joined by a courtyard. For a long time the location was used by the Catalan National Theatre for rehearsals, and this gives Metáfora a wonderful and inspiring mix of industrial aesthetic and theatrical atmosphere.

The heart of the school is the Big Hall. This space houses part of the personal studio spaces. From Metáfora's main-building and through the courtyard one enters the "New Studio", with the remaining studio spaces.

All the studios have division walls and are equipped with basic furniture and studio easels. There is Wi-Fi everywhere in the studios, for students who wish to bring their own computers.

Because of their plants and lovely warm atmosphere, the courtyards are among the spaces preferred by many students of Metáfora. Here it is possible to work in open air and with materials that require a high degree of ventilation.

Metáfora does not have the technical facilities of a big university or public institution, and we appeal to the artists of the Summer Intensive to treat everything with care and respect.

The studios are open throughout the day from 9'00 to 21'00, Monday to Friday. Students are welcome to eat their lunch at school. There is a small kitchen area by the main courtyard.

Signing out resources

Participants on the Summer Intensive can sign out objects or equipment (tripods, cameras,

overhead projectors, lights etc.) to borrow and returned the same day. Borrowed items cannot be taken outside the premises.

Art-materials

All materials run on the artist's account. Available at the office is a material list, in which we indicate the best and cheapest places for buying materials.

The Darkroom

Metàfora's darkroom has three enlargers, 2 for 35 mill printing and one medium format enlarger. All enlargers use multigame filter. You can print large photographs by turning the enlarger-head around.

The darkroom is equipped with a light box and other basic tools for developing and processing b/w prints and negatives.

At the office we have tripods, reflex cameras and Polaroid cameras available.

Liquids and paper run on the artist's account.

Studio Photography

The centre has two settings where you can work with studio photography.

We have backdrops, studio lights, tripods and shades.

Tool and welding area

The tool area is equipped with power tools and basic equipment for wood and metal work.

The welding station is ARC welding. Metàfora provides electrodes.



Screen printing

The courtyard has a specially designed area for power washing screens.

You can purchase emulsion and water-soluble inks at the office, and basic exposure facilities are available in the darkroom.

Use of the screen printing facilities should always happen after previous instructions by a tutor. 43°, 90° or 120° screens (wooden stretchers) can be signed out at the office paying a returnable 15€ deposit.

Courtyards

There are two courtyards; one between the two studio buildings, and another by the entrance to the tool room.

The courtyards are double-purpose areas - most of our students enjoy “hanging out“ there during their breaks - but it also a place for working with “volatile” materials (or when ventilation is needed) like plaster, resin and other casting materials.

Student computers and Wi-Fi

Throughout Metàfora’s entire premises, students can access internet through Wi-Fi on their own computers.

Metàfora has three desktop PCs available to students. The computers have Internet access, and have most software installed for digital image making and layout.

We also have a fast scanner, and you are welcome to transfer images from your own digital camera or from the one belonging to the school.

All student computers are equipped with a front panel with card readers and usb ports. Metàfora has an external card reader, which reads most card formats, as well as several massive-storage pen-drives available for sign-out at the office.

Note: Metàfora works with PC, and for helping students with technical issues unfortunately we do not have much experience with MAC.

Printing images

Should you wish to print in Xerox Colour or Black&White, please ask at the office.

For demanding color-printing we recommend digital photocopies at Ecodisseny, a copy-shop near the school. They are very nice, cheap and used to our “weird” and demanding projects.

Plotter and profesional printing assistance:

Printing large color prints from a file is possible at Hangar, an artist workshop run by the City Council. Using their Color plotter is very cheap. They have two technicians available for printing.



The Art Therapy Option

. . . Art Therapy is a helping profession which uses fine arts as a tool in the expression and resolution of emotions and psychological and emotional conflicts. Art Therapy is practiced in individual sessions or in small groups conducted by an Art Therapist. To work as an Art Therapist in Spain you have to have satisfactorily completed a University Masters' degree in Art Therapy recognized by the ATe (the Spanish Professional Association of Art Therapists) . . .

Metàfora is a centre of international reference in the area of Art Therapy training. It is the home of Spain's first Master in Art Therapy, collaborating on the 11th year with the University of Barcelona. Students who choose the Art Therapy option on the Summer Intensive, will obtain Metàfora's Initial Diploma in Art Therapy, recognized worldwide as a foundation course in this area.

The Summer Course at Metàfora is famous for its international public, attracting students and professionals from all creative fields. This year we are happy to extend our offer to an English-speaking parallel to the Spanish-speaking summer course.

Art Therapy and art as therapy

Art Therapy is a profession complementary to medicine with over seventy years of history. Art Therapy is practiced according to a strict methodology and under a defined therapeutic framework or setting. This framework and methodology are based mainly on the theories of Art Therapy,

Analytical Group Psychotherapy, Psychodynamic Therapies and Contemporary Art Theory.

To practice within the profession you need to have undertaken three years of postgraduate University training in Art Therapy or Art Psychotherapy. Art, understood as a therapy in itself (the healing arts), is distinct from Art Therapy as it considers artistic activity to possess therapeutic qualities per se and therefore does not consider specific training to be necessary.

Art Therapy can be used with any group of whatever age as long as there is a willingness on the part the individual to begin a form of psychotherapy in which they will be encouraged to produce art work . Art Therapy is carried out in group and individual sessions with a wide variety of patients and with a range of therapeutic aims. The form and level of intervention of Art Therapy depends on the needs of the patient.



Program. Art Therapy Option

The program of the Summer Intensive starts with an introduction every morning, which is the meeting point between participants from both options. The introduction is a space for inspiring interventions, where students get on-going practical information about the course and about Barcelona's different cultural offers.

The Art Therapy Option consists of 30 sessions of both theory and practical work.

	Monday 19th	Tuesday 20th	Wednesday 21st	Thursday 22nd	Friday 23rd
9'00-9'30	Introduction	Introduction	Introduction	Introduction	Introduction
9'30-11'00	Art Therapy training groups				
11'30-13'00	Foundations of Art Therapy	Foundations of Art Therapy	Case Study presentations	Case Study presentations	Art Therapy Workshops: Social Art Projects
13'15-14'15	Foundations of Art Therapy	Foundations of Art Therapy	Case Study presentations	Case Study presentations	Art Therapy Workshops: Social Art Projects

	Monday 26th	Tuesday 27th	Wednesday 28th	Thursday 29th	Friday 30th
9'00-9'30	Introduction	Introduction	Introduction	Introduction	Introduction
9'30-11'00	Art Therapy training groups				
11'30-13'00	Art Therapy Workshops: The Creative Process	Group Phenomena	Group Phenomena	Art and Psychoanalysis	Summary: Foundations of Art Therapy
13'15-14'15	Art Therapy Workshops: The Creative Process	Group Phenomena	Group Phenomena	Art and Psychoanalysis	Summary: Foundations of Art Therapy
					BBQ

Subjects, Art Therapy Option

Training Group

The Training Group, also called The Experiential Art therapy Group is the core of all art therapy training, both at an introductory and at an advanced university level. In the group the students meet regularly with an art therapist as a facilitator or conductor. The group sessions have a set time during which the students make some art work and talk about it. With the help of the conductor, the participants realize how the art making talks –with no words- about them and their group experience and also learn how art therapy can be used in therapeutic or educational settings.

Case Study Presentations

Art therapy practitioners are invited to present their work to our students. The Case Presentations are a unique chance to see first hand how art therapy is applied with different groups of people, from children to the elderly from mental health to schools, hospices, hospitals, prisons, etc.

Foundations of Art therapy

Art therapy started simultaneously as an independent profession in the USA and UK in the nineteen forties. From those days till now the profession has rapidly developed in the whole world. This subject introduces our students to the theoretical foundations of art therapy as it is taught and practiced nowadays.

Art Therapy Workshops

The Fine Arts have brought us in the last century multiple media to work with. This subject introduces several ways of applying art therapy using diverse media as photography, poetry, guided work, etc.

Group Phenomena

Since the very beginning of art therapy, art therapists have worked with groups. To have a profound understanding of group dynamics is an essential part of the art therapy practice. This subject approaches the student to the basics of group psychology and links it to the art therapy practice.

Art and Psychoanalysis

During two sessions of two hours each, students will be introduced to the main concepts of psychoanalysis. It will also be explored how these ideas have influence the contemporary art scene from the beginning of the 20th century to nowadays.



Academic Staff, Art Therapy Option

All the academic staff at Metàfora are professionals with accreditation and experience.

Among the academic staff on the Art Therapy Option are teachers, who also form part of the academic team of the MA in Art therapy at the University of Barcelona . . .

Among others . . .

Carles Ramos

Dir. Metàfora (Art Therapy)

Coordinator of the MA in Art Therapy UB, MA. Fine Arts Univ. Barcelona, MA Art Psychotherapy, Goldsmith's College, London Univ.

Sibylle Cseri

Supervisor and group conductor of the MA in Art Therapy of the University of Barcelona.

In-house-tutor on the International Workshop, Fine Art Photographer, Art Psychotherapist. BFA Kendall College of Art and Design, Michigan, and University of New Mexico, USA.

MA in Art Psychotherapy, University of Barcelona, Spain. Practicing artist and Art Therapist

Urania Dominguez

Art Therapist , Art and English teacher, BA Teacher training, Art, Univ. Puerto Rico, Continuing education Art Institute de Chicago, MA Art Therapy Metàfora-UB, board-member of ATE (Asociación Profesional Española de Arteterapeutas)

Sally Schofield

Supervisor and group conductor of the MA in Art Therapy of the University of Barcelona. Art Therapist , BA Fine Arts, University of Newcastle. MA Art Therapy, Metàfora-UB. President of ATe (Asociación Profesional Española de Arteterapeutas) and member of the British Association for Art Therapists (BAAT).

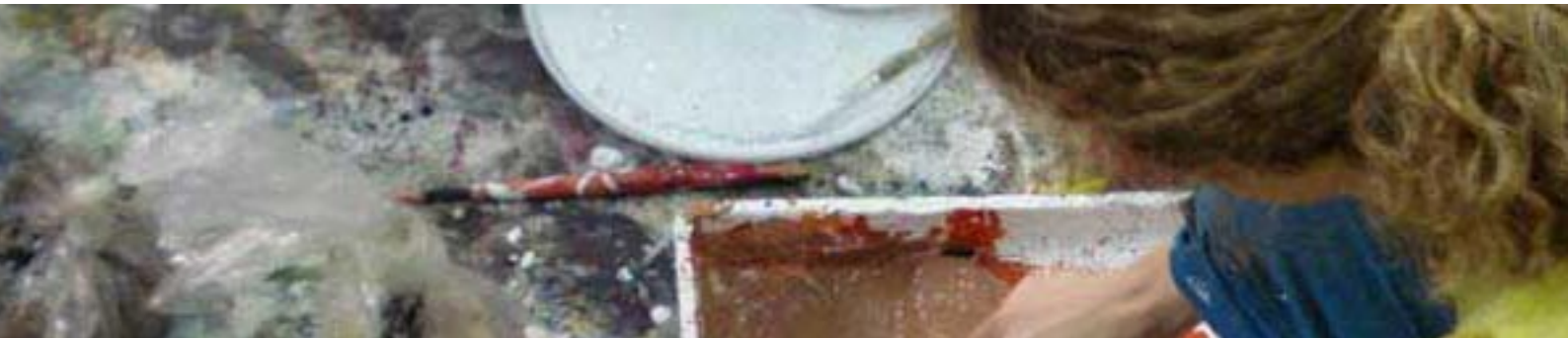
Peter Zelaskowski

Psychotherapist, group analyst: Group analysis and Large group conductor of the MA in Art Therapy of the University of Barcelona and on the Dance-Movement Therapy Ma of Autonomous University of Barcelona
London Univ., Goldsmith's College y Barts Hospital; Member of NEST y EATGA (European Association of Transcultural Group Analysis).

Initial Diploma in Art Therapy

Students, who undertake the Art Therapy Option of the summer Intensive will obtain Metàfora's Initial Diploma in Art Therapy, a Foundation Course which is recognized worldwide and is "a must" for those students who wish to pursue professional University Training in Art Therapy. The Diploma is a detailed transcript with description and number of hours of each class.

Metàfora maintains relations with many universities worldwide, where Art therapy is offered as a discipline, and we can guide and help our students with advice of which training program to opt for in the future.



Inscription and entry-requirements

The Metáfora Summer Intensive is designed for students and professionals from all creative fields; For both options it is preferable that the students has some previous experience in art. Minimum age is 19, and we encourage mature students to apply.

To inscribe, please fill in the form attached.

All documents should be sent by email. Originals of passport etc. should be scanned. Metáfora will not accept originals of any kind.

We are happy to help students who need a student-visa from their home-country.

Note: The Summer Intensive offers a limited number of places, and these will be filled in order of applications received.

Fees: 482,00€

Reservation fee: 192,80€ (deduced from the fees, when due)

- When accepted on the Summer Intensive, the student must pay the reservation fee of 192,80€ (40% of the fee) in order to reserve a place on the course.
- Metáfora will not reserve places on the course for the student until this fee is paid. The reservation fee is not returnable.
- The remaining fee is due 14 days before the start of the course. Late payment of the fee is fined 20,00€ per week overdue.
- Once started on the course, there is no possibility of returning the fees (or part of them) to the student, if he/she wishes to cancel his/her stay on the Summer Intensive.
- All commissions related to bank transfers must be covered by the student. Metáfora does not accept responsibility for payment of transfer costs.
- There is a 3% discount for all payments made in cash.



Barcelona; Accommodation and Practical Information

Capital of Catalonia, Barcelona is small city with metropolitan presence. Students and professionals from all over the world are attracted to its mix of tradition and contemporary culture, and the city is growing fast to accommodate the changes which modern life requires.

The sea and mountains makes it a breathing space for people with different concerns and agendas, an oasis of sun and tourism, and at the same time a place for alternative happenings, underground movements and intellectual events.

Barcelona is the home of a number of important art institutions, and Metàfora adds its grain of salt to a general impression of a European meeting-point for international art-students and artists. It is our intention to give our students an experience, where the city itself and the contacts made between students and collaborators of Metàfora will become a lifelong reference.

Barcelona is a small city and transport time to the school will be 10-45 minutes by metro or bus, depending on how far you live. Check out the map at www.bcn.es to know where the school is.

Below are a few options for finding a place to live during your stay in Barcelona. Should you want additional information, please ask for our “accommodation list” or find it on the “Living and Practical” section of Metàfora’s web-site.

We recommend the web site www.loquo.com, a good place to find rooms in shared flats, job

offers, studios to rent. Many ads are in English. Watch out for frauds and over-pricing.

Student agencies:

I.S.A. (Internal Student Agency), C Calvet, 15 6º 2ª Barcelona, Tel. 93 200 89 25 Office hours from 18'00 to 20'00. The agency charges an indicial fee for its services.

P.A.E (student agency), Roger de Llúria, 57, 08009 Barcelona, Tel. 93 487 90 24 Office hours from 9'00 to 13'00.

Hostels near the school:

Alberguinn Youth Hostel, c/ Melcior de Palau, 70-74 entlo, Teléfono: +34 934905965 /www.alberguinn.com, 14-24€ (shared dorms) - VERY CLOSE to Metàfora

Pension Sants, C/Antoni de Campmany 82, Tel: (+34) 933313700, 27€ (single), 34€ (double) - VERY CLOSE to Metàfora

Metàfora

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